

ALMOND-BANCROFT SCHOOL DISTRICT NEWSLETTER 1336 ELM ST PHONE 715-366-2941 ALMOND, WI 54909 WWW.ABSCHOOLS.K12.WI.US

March 2010

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March Dates To <u>Remember</u>

- 3/8—Family Night Dinner: 5:45 pm Show : Auditorium 6:30 pm (More info on page 6)
- 3/9-P.I.E. Meeting, Elementary LMC, 7:00 pm
- 3/10 Eagle Booster Club Meeting, Board Room, 7:00 pm
- 3/17 Board Of Education Meeting 6:30 pm



ATTENTION ALL PARENTS If your child is absent from school, please call the Attendance Office at 366–2941 extension 108 before 9:00 a.m.



Mrs. Wimme's 3rd Graders & Mrs. Blokhuis' 2nd Graders were Class of the Week!

An anonymous community member sponsored the students in Mrs. Wimme's and Mrs. Blokhuis's classes \$2 for every word spelled correctly on tests taken January 21st and 22nd. This raised \$500 to the Red Cross for the victims of Haiti! Way to go spellers!

Because of our hard work learning our spelling words for the victims of Haiti, on February 5th we were honored as Wakeup Wisconsin Class of the Week! In addition, we earned a Subway sandwich platter party!

A warm thank you to the anonymous sponsor who allowed all these students the opportunity to donate to the victims in Haiti.



Middle School "Hearts for Haiti"

The middle School students here at Almond-Bancroft have been working on a fund raiser called "Hearts for Haiti" where the students made paper hearts to sell for \$1. The hearts were put on student's lockers to show they contributed. Students could purchase one heart each day. The fund raiser ran from February 1 to February 12 and the students made \$70.00 for the American Red Cross Haiti earthquake relief fund. An anonymous donor matched the student donations dollar for dollar, to increase the donation!!!

Thank You!

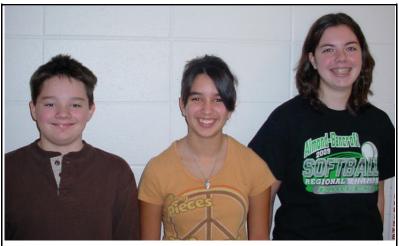
Elementary Disaster Relief Fundraising For Haiti

Almond-Bancroft Elementary classes joined together to take up a collect of money that was donated towards the disaster relief in Haiti.

Students were to bring in contributions starting <u>January 25th thru February 5th</u>. Each day the fifth graders counted the growing amount. To show the progress there was a graph/chart on a bulletin board in the first grade hallway. On Friday, February 5th the final amount raised was \$417.38, which went to the American Red Cross.

We would like to say thank you to all the gracious students and community members who helped donate! All our change added up to really make a difference. **Thanks for your support!**

Middle School Students Of The Month



On February 5, 2010 the following middle school students were honored for their excellence over the month of January. The Students of the Month include the following: Kayla Smith, Natalie Romo, and Blake Voss-Plutschack. From the sixth grade we honored Blake. He is an outstanding young man. He is very conscientious and a hard worker. Blake is a pleasant student who always tries his best. Even when he is absent he still has all of his work done and manages to accomplish his academic tasks without fail. He is a pleasure to have in class, and his smiling face lights up the room. From the seventh grade we honored Natalie Romo. She is a hard-working student who always tries her best. Natalie is always kind, respectful, and polite. She is soft-spoken, yet friendly and willing to try new things. Natalie is a very mature young lady, who always tries her best. She demonstrates positive attributes that will serve her well through high school and beyond. She is a joy to have in class. From the eighth grade we honored Kayla Smith. Kayla is a very hard working student and always strives to do her best. She is very academically motivated and is also an outstanding athlete. She exhibits years of maturity with a good sense of humor. Kayla is a conscientious student and is pleasant to other students and teachers. She is respectful and fun to be around. Kayla is a polite young lady who works hard at getting good grades. She is a positive influence on the entire Middle School.

Thanks you for your hard work, Congratulations!



A-B Middle School Spelling Bee Champion and Runner

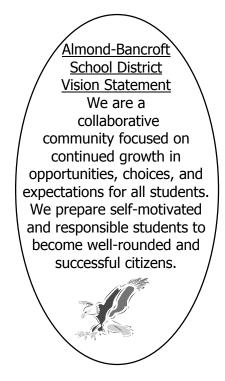
Hannah Lansing, Almond-Bancroft spelling bee champion, and Devon Anderson, runner-up, competed in the regional spelling bee on Tue. Feb. 16th in Waupaca. Out of 12 competitors Hannah placed 5th missing on the word sitzmark and Devon placed 4th missing on the word synonym.

Congratulation to both Hannah and Devon.

Middle School Geography Bee Champion and Runner Up



Once again the 4th through 8th graders at Almond-Bancroft School participated in this years Geography Bee. The representatives from each grade were as follows: 4th grade - Jaden Solis and Mazie Berry, 5th grade - Catie Schmidt and Josh Schude, 6th grade - Cole Warzynski and Jordan Kealiher, 7th grade - Devon Anderson and Hailey Wierzba, 8th grade - Cody Meddaugh and Adam Green. After several rounds of very challenging questions, two remained standing, Catie Schmidt and Cody Meddaugh. Catie prevailed over Cody in the Championship round because she new that the New Haven Colony became the New England state of Connecticut. Congratulations to all our competitors. Catie will now take a written geography test in hopes of doing well enough to then compete at the state level in Madison.



Almond-Bancroft Middle & High School 2nd Quarter Honor Roll Students

"A" Honor Roll

Graduation Year: 2010

BRANT BICKFORD BRIANNA CUMMINGS DANTELLE FOLAN ELIZABETH GALINDO DESIREE HAVILAND BRADLEY MANOCK RAYMOND PIETERS CHRISTOPHER ROESKE KENNETH SMITH STEVEN SWAN MELANTE VALLERY BRANDON WARZYNSKI Graduation Year: 2011 RABE AVERY DANTELLE DYKES JEFFREY FLETCHER BRIANNA KAWLEWSKI STEPHANIE RODRIQUEZ Graduation Year: 2012 RYLEE ANDERSON MORGAN BAAR RUSSELL CAREY JEANETTE R. COLOMBE DANTELLE DAHMS ANTHONY ELLIE AMBER HINTZ JEFFREY KOLLOCK BRANDON LEHMAN BRADY MCINTEE JON PAGEL SORCIA ROCK DEZIREE WARZYNSKI Graduation Year: 2013 DESTINY DYKES AVERY FAEHLING PATRICIA RAMIREZ KTARA T. TURZINSKI JOHN WAGGONER MARISSA WARZYNSKI

Graduation Year: 2014 MCKENNA HECK PAYTON HINTZ ANGELA IWANSKI ABBIGAIL KARPEN HANNAH LANSING JEWEL MATKE CODY MEDDAUGH EVAN PAGEL ANNA PERRIN CARISSA PERZINSKI ALEXIS SEITZ KAYLA SMITH SHELBY SWAN Graduation Year: 2015 DEVON ANDERSON RAMSEY AVERY HATTIE BERRY TEAGAN HECK JESSE HUNKINS MCKENZIE MINER NATALIE ROMO JACE STUEBS ASHLEY TAKACS MEGAN WICZEK HAILEY WIERZBA Graduation Year: 2016 MACY BAIRD AUSTIN BUNDERS JOSEPH CRAHAN NATHANIEL DISHER DYLAN HECK JORDAN KEALIHER HUNTER LASKA KAITLYNN LEHMAN ARIEL PLASKI JOHL TURZINSKI BLAKE VOSS-PLUTSCHACK ALLAN ZINDA

"B" Honor Roll

Graduation Year: 2010 TERRENCE GLISCZINSKI KELSEY MCINTEE

ARTHUR MEDRANO II LEVI MILANOWSKI AUDREY SANDERS KATELYN SCHUDE AMY STRICKER BENEDICT TURZINSKI BROOKE YONKE LUKE ZELINSKI Graduation Year: 2011 MIRANDA BORCHARDT JACOB CLARK AMANDA CRAHAN RICHARD DOMENGET LUCAS MEDDAUGH ZACHARY PERZINSKI JON PIETERS EMILY SCHUDE Graduation Year: 2012 TYLER BUNDERS NICHOLAS J. BURNS IV DOMINIQUE MINER CYNTHIA NIGH MASON STGOURNEY SIERRA STUCKER GARRET WARZYNSKT Graduation Year: 2013 BRETT BEIGEL SAMUEL BORCHARDT KRISTEN HAFERMAN MERRICK MEDDAUGH HEATHER MERILA HAYLEY RISKE JADE STUEBS BAYLEE VOSS-PLUTSCHACK MARY ZAK

Graduation Year: 2014 TISAN BATED SARAI BARRAZA JOSEPH BEIGEL TAYLOR CISEWSKI ALEXANDER CRULL DEREK KEENLANCE GUNNAR LARSEN RAMIRO LUNA AIDEN ROCK MEGHAN VARGA LACEY WARZYNSKI ETHAN YONKE Graduation Year: 2015 REEGAN ANDERSON MEGAN BURNS JAROD CIESLEWICZ BRANDON CZLAPINSKI NICHOLAS FIGUEROA ANTHONY HINTZ COLTON HINTZ MARGARET SCOTT TEAGAN VEZINA Graduation Year: 2016 DEANA CLARK RAYANN HEINECK MADALYN NOONAN CHRISTIAN NOTH GRISCELDA RAMIREZ CLAYTON SWAN KYLE WARZYNSKI ALISSA WILLIAMS GARETT YONKE



FOR THE FIRST TIME

AT ALMOND-BANCROFT SCHOOLS

ALL COLOR YEARBOOKS! Every page in color! THE 2010 YEARBOOK WILL BE ALL IN COLOR THIS YEAR WITH LAST YEAR'S PRICES. ORDER YOURS TODAY \$42 without name \$47 with name Send your payment to: Yearbook Club, Almond-Bancroft Schools 1336 Elm Street Almond, WI 54909

Elementary Counselor News: By Dawn Barber

Our current G.I.F.T.S. topic is *resistance*. We define resistance as "to keep from giving in to someone or something." Students are learning the difference between things *we should resist*, and *things that are O.K.* We resist things that are:



1. Dangerous3. Against School Rules2. Illegal4. Against Family Values/Rules

5. Disrespectful/Rude/Mean/Bucket-Dipping 6. "UH-OH" (Things that give us that uncomfortable feeling

GOOD TOUCH/BAD TOUCH will be covered during this unit and students will be taught the NO-GO-TELL rule. When in a situation in which touch makes you feel uncomfortable: Say **NO**, **GO** away from the person, **TELL** a trusted adult right away.

Third through fifth grade students will spend some time learning about how to resist pressure from peers in regards to big things like drugs and alcohol, but also to every day things such as joining in to tease someone or gossip.

For more information about what is happening in our elementary school counseling program, please visit my web page at **www.abschools.k12.wi.us** Click on "Guidance Counselors" on the left and then on "Elementary Guidance."



100 Days Celebrated! By The First Grade Teachers



The 100th day of school was Friday, February 5th. To celebrate, the first grade classes got together during the week of February 1st and experienced a number of activities focused around the number 100. They came together on Tuesday for some hand-painting fun for count by's to 100, searching magazines for 100 words that they could read, and writing a total of 100 hearts telling why we love our school. On Wednesday, the students had fun finger stamping groups of 10 to 100, building a pyramid using 100 dixie cups, and doing some fun writing focused around the number 100. Thursday brought some tally fun on the SMART board,

exercise fun, and an enjoyable time with balloons! The day ended with the students popping all 100 balloons in the cafeteria in 2 minutes and 20 seconds, it was a blast!! Our week ended with the students visiting classrooms throughout the building collecting 100 autographs, this is always a lot of fun for the students and teachers[©] A HUGE thank you to all of the adults that came in to assist us with these activities and who sent in items. It was a busy week, but full of fun and many hands on learning activities.



Please Join us For the Third Annual Strike Against Autism

At Plainfield Bowl March 6, 2010 11 am to 4 pm Questions Please Call Katy At 715-498-8843



Gary is making great progress but we would like to try several different therapies such as, chelation, hyper baric chamber, supplements and vitamins. Which are very costly and an out of pocket expense.

Free bowling from 11 to 4, a bake sale, basket raffles, big item raffles and candle sale. 8 Pin Tournament starts at 5 pm and is open to anyone who would like to join.





Dear Parents,

The Boys & Girls Club of Portage county is starting an Early Literacy Reading

Program beginning March 1st. This program will be held twice a week during the club's Powerhour time. It will serve our 1st-3rd grade members. This program is designed to enhance your child's love for reading as well as their skills through fun activities, group reading, and one on one assistance. We are asking that if you do not want your child to participate in this program or have questions, please contact your site's Program Director.



<u>Safety Cadet News</u> By: Mrs. Upton, Safety Coordinator

Taylor Schafer and **Wyatt Richtmyre** are our February Safety Cadets of the Month. Both students are always so friendly, on time for their duties, and very helpful. Congratulations Taylor and Wyatt! Your doing great! Keep it up!

Before your child leaves home in the morning for school please make sure that he/she is always prepared for recess by sending them to school each day with all of their outer wear. Recess is much more fun for them when they can play in the snow with their friends and be warm and dry at the same time!



OFFICE OF SHERIFF · PORTAGE COUNTY, WISCONSIN

LAW ENFORCEMENT CENTER • 1500 STRONGS AVE. STEVENS POINT, WI 54481 •715-346-1400 • FAX 715-346-1591

Dear Parents:

This year the Portage County Sheriff Department would like to offer bike helmets to the children of Portage County at a price families can afford. The helmets are \$5.00 and you can pay the school when you place your order. The sizes of the helmets are small/medium or large/extra large. There is no return policy so once you get the helmet it is yours. The colors offered are red, blue and green. If you have any questions please feel free to contact me at 715-346-1447.

Sgt. Michael J Lukas Safety Officer Portage County Sheriff Department

Deadline for orders is March 15, 2010

1336 Elm Street Almond, WI 54909

READ ACROSS AMERICA 2010

THESDAY, MARCH 2nd

2:25 - 3:10

Grades 2nd, 3rd, 4th § 5th

WHAT IS IT?

IT'S A READING GET-TOGETHER CELEBRATING OUR ENJOYMENT OF READING AND THE BIRTHDAY OF DR. SEUSS.

WHERE?

IN THE WEST GYM AT ALMOND SCHOOL

WHAT DO STUDENTS NEED?

FAVORITE BOOKS/MAGAZINES TO READ

(ENOUGH FOR ABOUT 45 MINUTES)

OPTIONAL:

SLEEPING BAG OR BLANKET, PILLOW

DRY SNACK (peanuts, pretzels, etc.)

PARENTS ARE INVITED TO BRING IN A BOOK AND JOIN US

If you have any questions, please contact Mrs. Kehring at school. (366-2941 ext. 104)



Almond-Bancroft Family Night Featuring: CRITTERRRRMAN March 8th, 2010

Dinner at 5:45 Show at 6:30 (At the Almond School)

Are you tired of winter and being cooped up? Come to Family night for an evening of food and entertainment for your whole family. There is no charge for this event. We will have sandwiches, chips, cookies and juice at 5:45 in the cafeteria. From 6:30 - 7:30 there will be a performance in the auditorium by *Critterrrman*. This show has an environmental theme that your whole family will enjoy. He incorporates storytelling and puppets in his performance. If you want to just come to the show, you don't have to send the RSVP slip in. If you want to come to the dinner and the show, please send back the slip below by March 1st to your child's teacher. If you have any questions, please call Karen Kehring at school. (715-366-2941 ext. 104)

Family Night RSVP

Please return to the classroom teacher or to Mrs. Kehring by M	Narch 2nd, 2010.
Family name:	
Phone Number:	e
Number Attending meal: adults children	



8th Grade Earth Science Students Created & Erupted Volcano's

The 8th grade Earth Science students erupted their volcano model exhibits on Friday, Feb. 12. There was quite a display of lava, ash, and even an eruption of "mysterious" liquid that came spraying out of the vent at the top!

Students had a good time playing in the snow while having fun learning about volcanic eruptions!

Secondary Counselor News: From the Desk of Ms. Spencer

Students and Parents, you are invited to attend

Post-Secondary Night Wednesday, March 17th, 2010

at Stevens Point Area Sr High

Come learn about:

Admission Requirements, Campus & Housing Information, Programs of Study, Military Options, & Much, Much More!

Schedule:

5:00-6:00 College Fair

Walk around, ask questions and collect information from representatives during the college fair.

6:00-6:10 Welcome Session (Auditorium)

School Counselors will provide general information for college planning.

6:15-6:35 Information Session 1 (Classrooms)

6:40-7:00 Information Session 2 (Classrooms)

These Information Sessions provide you the opportunity to attend two 20-minute presentations with more detailed information from the college representatives of your choice.

Military representatives & some college representatives will remain in the Commons during the information sessions for questions.

In the past representatives have attended from:

Air Force Army Army National Guard Carroll University Concordia University FABTECH Service Technician Education Center Gustavus Adolphus College Lawrence University Marine Corps Marquette University Michigan Tech Mid-State Technical College Navy Northcentral Technical College Northland College Ripon College ROTC-UWSP Silver Lake College St. Mary's University (Winona, MN) State College of Beauty Culture Universal Technical Institute University of Minnesota-Duluth University of Minnesota-Twin Cities UW-Green Bay UW-Madison UW-Marathon UW-Marshfield/Wood County UW-Oshkosh UW-Parkside UW-River Falls UW-Stevens Point UW-Stout UW-Superior UW-Whitewater Viterbo University WyoTech

We are expecting to have more this year! We hope you can join us for this great opportunity!



ACES Ski Outings

The Adventure Club with Environmental Services (ACES) had a chance to hit the slopes at Nordic Mountain in Mt. Morris on February 10th. This year they have planned four consecutive trips to ski, snowboard, or tube. Members were free to join the trips when their schedules allowed. Students, Nick Burns, Sierra Stucker and Kevin Buckenburger, along with advisors Mrs. Ramczyk and Mrs. Negro and their families enjoyed the great weather and activities. Mrs. Ramczyk and Mrs. Negro are very proud of the students and their willingness to try new things. Everyone had a great time and were excited for the trips.

If you are interested in helping with donations or providing an activity, please contact advisors Mrs. Brenda Ramczyk or Mrs. Amanda Negro

March Eagles Athletic Events



3/1-MS Girls Basketball @ Wild Rose 5:30 PM

3/2-HS Boys Basketball Regional @ A-B vs Princeton 7:00 PM

3/4-HS Boys Basketball Regional TBD *If A-B wins on 3/2 A-B may host*

3/5-HS Girls Basketball Home vs. Gresham, Parents Night
3/6-HS Boys Basketball Regional Final
3/8-Earliest Start Of Track Practice
3/9-HS Girls Basketball Regional TBD
3/11-HS Girls Basketball Regional TBD
3/12&3/13-HS Boys Sectionals TBD
3/18-20-Boys State Basketball
3/22-Softball & Baseball Practice Starts

3/25-27-Girls State Basketball

Almond-Bancroft Coaches Needed

Middle School Football Fall 2010 Middle School Volleyball Fall 2010

If you have any interest or know someone who is interested please contact, Jeff Rykal – Principal, or Art Pagel -Athletic Director



Attend Adult Open Gym! Held every Sunday night at 6:30 PM Contact John Rendall with any questions.



If enough adults attend volleyball will be played.

2009-10 Open Gym Hours Sunday evenings 7 PM in the west gym. All ages are welcome!

Contact Scott Kollock, 335-6631, for more information.





A-B 8TH GRADE GIRLS BASKETBALL TEAM



Back (L to R): Coach Galien, Lacey Warzynski, McKenna Heck, Kayla Smith, Hannah Lansing, Coach Yonke **Front:** Angie Iwanski, Carissa Perzinski

A-B 7TH GRADE GIRLS BASKETBALL TEAM

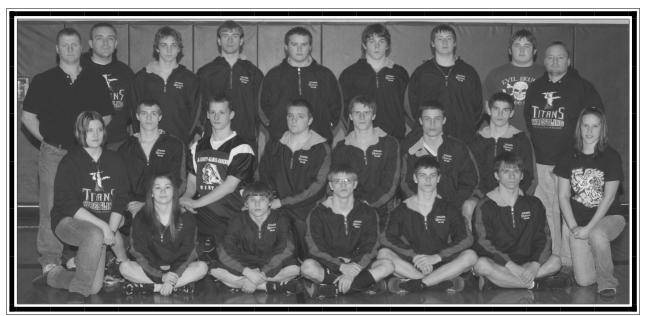


Back (L to R): Coach Galien, Hattie Berry, Mckenzie Miner, Hailey Wierzba, Teagan Heck, Ashley Takacs, Natalie Romo, Coach Yonke **Front:** Megan Burns, Meghan Menadue, Alex Spohn, Siandra Rodriquez-Mata





TC/AB TITANS HIGH SCHOOL WRESTLING TEAM



Back (L to R): Coach Weak, Coach Peterson, Russ Carry, Brad Manock, Sam Spohn, Brandon Clapper, Kevin Buckenburger, Luke Mullins, Coach Wagner **Middle:** Manager Sorcia, Joey Woyak, Jeff Higgins, Ray Applebee, Jessie Crawford, Joey Wiese, Alan Johnson, Manager Melissa **Front:** Nikki Stricker, Dustin Galleske, Cody Leonardt, Zak Nigh, Nick Woyak, **Not pictured:** Brandon Lehman, Cory Richmyre, Keith Lockhart, Eric Erdman and Kevin Nigh

Tri-County/Almond-Bancroft Titans advanced 5 wrestlers to the Sectional Tournament: Ray Applebee-171, Joe Woyak-125, Joey Wiese-140, Brandon Clapper -285 & Dustin Galleske-119 TC-AB Titans Advances One Wrestler to the State Tournament Joey Wiese - 140 (31-7)- Is CWC's only DII State Qualifier! Congratulations to the athletes and coaches.

TC/AB TITANS MIDDLE SCHOOL WRESTLING TEAM

Back (L to R): Coach Bender, Brock Akkerman, Luis Reyes-Sanchez, Tomas Samaniego, Mitch Marinack, Cole Warzynski, Dylan Nigh Middle: Caleb Alexander, Justin Ceballos, Nick Anderson, Spencer Ellsworth, Jed Coyle Front: James Johnston, Aaron Smrz, Joey Crahan, **Edgar Ramize-Ruez**





Easy Children's Books Needed

The LMC needs easy picture books appropriate for preschool, kindergarten, and beginning readers. These books will be used by the 4K students while they are waiting in the LMC before breakfast. If anyone has "gently" used or "hand-me-down" books to donate, please drop them off at the District Office or bring them to the Secondary LMC. Thanks!

Gifts for the LMC

This past month the LMC has received gifts from the following people or organizations: **Mickey Van Ert** (crayons, supplies, and *Pokeman* books), **Dylan Omerick** (a variety of children's books), **Rochelle Schultz** (cooking, hunting, and sports magazines), the **Lansing Family** (a wonderful assortment of children's books and also construction paper for bookmarks), the **Wisconsin Dept. of Administration** (*Wisconsin Blue Books*), **Mary and Terry Kohler** of the **Kohler Corporation** and **WEAC** - the **Wisconsin Education Association Council** (*Chasing the Ghost Birds: Saving Swans and Cranes from Extinction*), and other generous donors who wish to remain anonymous. Our great appreciation to all library supporters!

Fun LMC Statistics

The top student patrons for January were: Secondary Level - **Brianna Cummings** (12th Grade), Middle School Level - **Patience Turner** (6th Grade), and Elementary Level (all three tied for first place and all are in 2nd Grade) - **Madison Hintz, Cassie Lehman**, and **Breana Schafer**. These A-B students checked out a total of more than 70 books in one month!

The top faculty patrons were: **Amanda Negro** (2nd Grade Teacher, gathering books on snow and ice sports for a unit on the Winter Olympics), **Sarah Ritter** (Elementary Art Teacher, checking out supplemental material for her art classes on famous artists such as Paul Cezanne and Frido Kahlo as well as "idea" books on such topics as Africa, folk art, endangered animals, the Chinese New Year, and dragons), and **Ryan Peterson** (Middle School At-Risk Teacher) and **Lisa Vann**



The top Elementary Readers: Breana Schafer, Madison Hintz, & Cassie Lehman

(Spanish and ELL Teacher) who both were working on atlas skills and the study of world geography. The two most popular books in the Elementary LMC last month were the nonfiction book *Bighorn Sheep & Prairie Dogs* (part of the *Getting to Know...Nature's Children* series) and the imaginative graphic novel for the 9-12 year old crowd about a sassy young mouse who dreams of glamour, excitement, and adventure - *Babymouse: Queen of the World*. The two most popular books checked out in the Secondary LMC were *Halo: The Fall of Reach* (a fantasy/science fiction novel based on the award-winning Xbox game) and *When I am an Old Woman I Shall Wear Purple: an Anthology of Short Stories and Poetry*.

Also, a special thanks once again to all the students (and the teachers and the parents who remind them to return their books on time). This is the <u>best</u> year (in 30 years!) for students returning their books on time. There have been very few overdue books this school year. Keep up this great display of responsibility! And keep reading!

Spotlight on LMC Students

Almost every day during 5th Hour you will see four energetic students putting away books in the Elementary LMC: **Danielle Folan** (senior), **Liz Galindo** (senior), **Audrey Sanders** (senior), and **Marissa Warzynski** (freshman). These young women do a great job sorting the books (picture books, chapter books, professional books for educators, non-fiction books, and Accelerated Readers) and then returning the books to their proper places on the shelves. Each week they shelve hundreds of books. They also check out books to 1st Graders and 5th Graders during scheduled library visits - always with positive attitudes and lots of smiles. Another major project is designing and creating signs for the featured displays such as friendship books for Valentine's Day and biographies for Presidents' Day. In her spare time Audrey enjoys reading and playing the sax. Danielle likes



Audrey Sanders, Liz Galindo, Danielle Folan, & Marissa Warzynski

creative scrapbooking. Marissa is an avid reader and likes to work on her family farm. Liz enjoys her family, listening to music, and texting her friends.

All of these 5th Hour LMC students do their best on a consistent basis to help students and staff in the LMC and keep the books well-organized. Thanks!



High School Band Notes...

Central Wisconsin Festival Honor Band Experience

On Saturday, February 6, 2010, four band students from Almond-Bancroft High School performed in the 3rd annual Central Wisconsin Festival Honors Band at Wausau West High School in Wausau, WI. The students selected were: Raymond Pieters (baritone), Audrey Sanders (alto saxophone), Dominique Miner (flute), and Baylee Voss-Plutschak (bass clarinet).

The band was comprised of 84 musicians from 15 schools around the state. Students were nominated by their band Directors and then chosen based on their talent and musical accomplishments. The students spent a full day in school on Feb. 5 and then traveled to Wausau where they spent three additional hours in rehearsal. After getting home at midnight, we were up and on the road at 6:00 AM Saturday morning for an additional 9 hours of rehearsals and sectionals before their 7:30 PM concert that evening. The band accomplished in 12 hours of rehearsals what most school band programs spend 9-18 weeks working on and they did a phenomenal job too - earning a standing ovation at the end.

I have seen so much growth in our band students over the past three years and that was reinforced during this honor band experience. Our students were able to accomplish much that night that even a year ago would have been exceptionally difficult for them. The band students have really worked hard to earn their seats in the CWF Honors Band and we are all proud of their accomplishments.

Middle School Band Students Audition for Wisconsin State Honors Music Project

Every year the Wisconsin School Music Association invites middle school band students to audition for a seat in the WSMA Middle Level State Honors Band. This experience provides talented middle school musicians the opportunity to rehearse and perform music with nationally known conductors in a professional setting with peers from across the state.

In the spring of each year approximately 600 middle school band students audition for about 120 seats in the honors band and orchestra. This year six students from ABMS will be auditioning for seats in the honors band and orchestra. The students will audition on April 16 at Patrick Marsh Middle School in Sun Prairie, WI. Students that are selected will perform with the State Honors Band and/or Orchestra at the Wisconsin State Music Teacher's Convention in October of 2010.

Did You Know That... "A recent Rockefeller Foundation Study discovered that music students are more likely to be admitted to medical schools than non-music students."

Waubonsee Community College Jazz Ensemble To Perform FREE And Open To Public

At Almond-Bancroft, On April 15th, In the High School Auditorium, At 7 PM

The award-winning Waubonsee Community College Jazz Ensemble, under the direction of Jeff Ford since 1984, has produced many outstanding performers and educators. Former members have gone on to play with famous jazz artists such as Maynard Ferguson, Buddy Rich, Miles Davis and the Airmen of Note. Many alumni are currently active music educators in the greater Chicago land area.

The performance at Almond-Bancroft High School will include the music of Dizzy Gillespie, Duke Ellington, Gordon Goodwin, Bob Mintzer, Count Basie and Glenn Miller. The concert will conclude with a combined performance with the Almond-Bancroft jazz ensemble playing Glenn Miller's In the Mood.



Almond Community Theatre presents...

Hotel Pickle, written by Sam Havens and directed by Lisa Vann and Joel Bennett.

Alex and Rolly, are struggling to make a success of a once-elegant hostelry in the Hamptons, but it's tough, especially with the owner Lucinda Pickle breathing down their necks. Of course it doesn't help that the hotel's permanent resident collects pet mice; that the hotel chef is a little crazy; and that a petty criminal is looking for a place to hide out. When a Hollywood producer checks in with his vain bodyguard and his sneezing secretary, things really go nuts. Gunshots, UFO sightings, chef's hats aflame, and escaping mice make Hotel Pickle a comedic farce that you are certain to relish.

Tickets are \$7.00 for adults and \$5.00 for students/seniors and are available by calling 366-2941 ext. 456 or by stopping in at one of these local merchants: Portage County Bank, Bancroft State Bank, and Royal Supermarket. A special "couples" price of \$12.00 for two tickets is available on tickets purchased before April 8.

Performances will be held in the auditorium of the Almond-Bancroft High School at 7:00 PM on April 9 and 10; and at 2:00 PM on April 11.



Fun Ways to Keep Your Family Healthy: By Brooke Yonke, A-B HS Parenting Class

There are a lot of ways to promote healthy eating in your family without making the kids eat vegetables that you all know they don't want to eat. There are also a lot of recipes that you can put vegetables in and add something fun, that will make vegetables kid-friendly. Suggested Activities:

1. Let the kids pick out something every now that they would like for dinner as long as it's not to unhealthy, or let them help you prepare

a dessert.

2. Below are a few recipes that are healthy and fun to make:

Chewy Granola Bars

Ingredients

• 4 ¹/₂ cups of rolled oats • 1-cup all-purpose flour • 1 tsp baking soda • 1 tsp vanilla extract • 2/3 cup butter/margarine

• 1/2 cup honey • 1/3 cup packed brown sugar • 2 cups mini semi-sweet chocolate chips, raisins, and/or nuts

Directions

1. Preheat oven to 325 degrees F. Lightly grease one 9x13 pan.

2. In large mixing bowl combine the oats, flour, baking soda, vanilla, butter or margarine, honey and brown sugar. Stir in the 2 cups of chocolate chips, raisins, and/or nuts.

3. Lightly press mixture into the prepared pan. Bake at 325 degrees F (165 degrees C) for 18 to 22 minutes or until golden brown. Let cool for 10 minutes then cut into bars. Let bars cool completely in pan before removing or serving. Source: Allrecipes.com

Ants on a log Ingredients

• Celery sticks • Peanut butter • Raisins

Directions

A very simple snack idea! Fill the center of the celery stick with peanut butter. Place a few raisins on top to be your ants. Eat and enjoy! (If you don't like raisins, you could also top with some mini chocolate chips.)

Hope you enjoy these healthy treats!



Friends Of Music News

MUSIC = LIFE

Several months ago, I was in the Hot Topic music merchandise store in the Appleton mall, while my sons shopped for their favorite rock band tee-shirts. I waited near the sales counter while they made their selections. The young woman working behind the counter asked me if I wanted to buy a candy tin. She said that Hot Topic was donating all proceeds from the sale of these candy tins to Appleton School District music programs. Thinking immediately that this was a nice community service and a smart business move on Hot Topic's part, I purchased one.

Keeping this candy container on my desk at work, I enjoyed eating the candy. While experiencing a sugar craving a few weeks ago, I realized the tin was empty. I started to throw it away, when for the first time, I really noticed what was written on the tin, **Music = Life**. At first, I thought this comment was exaggerated, but I could not get the slogan out of my head. I began to think of what life would be like without music, and the implications went on and on. I first thought of the lack of personal enjoyment and entertainment. Try to think of all the times you listen to music, whether by IPod or MP3 player, a car or home stereo, radio, TV, concert halls, theatre, or local night clubs. The way we worship would be changed, including never hearing or singing Christmas carols or Easter hymns. Music would not be a feature of the way we celebrate or mourn. There would be no singing or musical instruments present at our weddings, funerals, or birthday parties. We could not honor our deceased or fallen soldiers by playing Taps on Memorial Day. We would never hear or sing the National Anthem or Star Spangled Banner when we honor our country. Pride for our sports teams could not be expressed by a rousing pep band or choir. Musicians would not have an outlet for their art or talent. We would lose a connection we have with one another, among friends, and between parents and children.

From these human aspects, my thoughts turned back to Hot Topic and what music supports economically. Life without music would mean no professional artists, managers, talent agencies, concert promoters, record companies, teachers, or music merchandise stores, like Hot Topic. Stores that sell electronics would lose a major source of revenue. Television and radio would be severely altered. Owners of theatres, night clubs, and other entertainment venues would most likely not stay in business.

I no longer think Hot Topic's candy tin slogan is so extreme. I realize, even more, how important our music students are. Some will be our future musicians, who will carry on music's benefits to our lives. The Almond and Bancroft communities do support their music students. I have witnessed this during our basketball cake walks and other fund raising events. As we try to grow and expand our music program in Almond-Bancroft, I thank you all for your past support and strongly encourage our community to continue their assistance. Please take the opportunity to tell a choir or band student you know that you are glad and appreciate that they are participating in music. Encourage our youngsters to join band and choir as soon as they can (Joey, I am talking to you!). Please let our young people know that what they are doing is important.

I humbly and respectfully ask for your continued support of our cake walks, quilt and wooden eagle raffles, and the great meal the Friends of Music is planning to serve before the upcoming Variety Show. For more information on how you can assist our very valuable music students, please contact me, Jean Swan, Mr. Gingery, or Mrs. Frank.

Thank you, Renie Milanowski Co-Chair, Friends of Music

ALMOND/BANCROFT FAMILY RESOURCE CTR. MARCH '10

Room S325, Almond High or Last Friday of the month; Mrs. Klinger's Room almondbancroftfrc@gmail.com. 366-2882 or 421-4635

Hello everybody and a big thank you to those families that have been true to the Family Resource Center and continue to come to the Stay n Play. We will continue to offer all events stated in the District Newsletter.....Many of you are receiving the "Parenting Connections in Portage County" newsletter in the mail. This explains all of the events offered in Portage County (free of charge) on a three (3) month basis. If you want one mailed to your home, you can call the A/B Family Resource Center. It can also be accessed on line at www.fcpcwi.org.

Stay n Play continues to be held on Fridays from 10:00 a.m. -11:30 a.m. The last Friday of every month will offer Stay n Play at Mrs. Klinger's room at Bancroft School. If you have any questions *call Almond Family Resource Center at 366-2882, or call my personal phone at 421-4635*. Parents, grandparents, dads, even Day Cares are welcome. We are free of charge, and it is a great place to visit with our neighbors, especially as the winter season drags on. And new moms and dads out there...do not be afraid to visit Stay n Play. You can join us any time after 10:00 a.m., and we usually end around 11:30 a.m. Hope to see many of you soon.

SINGLE SESSION WORK SHOP

You, Me, & Vitamin D Monday, Mar. 1 6:00-7:30 p.m. Almond FRC Is your child getting enough Vit. D; the Sunshine Vitamin, in the winter months? Does your child need a supplement; especially since it is now linked to Muscular Dystrophy and Diabetes. Get answers to your questions at this workshop. Please Pre-register by calling the above phone number THE FRIDAY before.

Special Stay and Plays

 Friday, Feb. 19th
 Come the Wisconsin Children's Museum in the Stevens Point Mall. Be there at 10:00 a.m. We will pay. Every one is welcome. Snack provided.

Friday, Mar. 26th Easter Bonnet Day. Held in Mrs. Klinger's room. Guess what we will be making. Snack provided.

This years Easter Egg Hunt will be held in Bancroft at the Lions Park. Look for more information in the next newsletter.

Please come and visit your Almond/Bancroft Family Resource Center.

Jan Roth

"Wall Of Honor" News: From Karin Mather, Mickey Van Ert & Esther Whitman

While some of our Troops have recently returned home from their tour of duty in Iraq, others remain and still more will be leaving for their tour.

We continue to collect items to send to our brave soldiers who are in combat zones.

Also, we welcome the names of soldiers who have connections to the Almond-Bancroft School District, former students or family members of students and faculty. We need their addresses so we can let them know we appreciate their service. As names are received, they will be displayed on the "Wall Of Honor" which is located near the cafeteria and LMC. Please stop by and visit the display when you are at school.

Names and addresses can be e-mailed to Esther Whitman at <u>largest@uniontel.net</u> or left in the LMC at school. If you have any questions, please call Esther Whitman at 366-2174.

SINGING BIRTHDAY GRAMS

A-B High School will deliver singing Happy Birthday Telegrams to your favorite Student/Staff member on their birthday! There are packages you may select from:

Option 1: (\$5.00) Happy Birthday balloon on party stick decorated with ribbons, birthday hat/noisemaker, card, and your choice of a chocolate rose or 4 tootsie pops.

Option 2: (\$10.00) Same as #1, but with addition of A-B stocking hat.

Option 3: (\$15.00) Decorated balloon, hat, noisemaker, card, rose or pops, beads and A-B stocking hat.

Bonus Extra \$1.00-we will include 3 strands of Mardi Gras beads in school colors.

Bonus Extra \$3.00-4x6 Photograph of birthday student on professional photo paper.

Student Name:		Birthday:	Grade/Teacher:	
Special Message:				-
OPTION 1 \$5.00	_ Rose Pops	OPTION 2 \$10.00Rose	ePops OPTION 3 \$15.00RosePops	

Bonus Extra \$1.00	Bonus Extra \$3.00
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March Adult Education Classes

Habitat

Habitat for Humanity—Presentation



Habitat for Humanity will be in Almond March 3rd from 2:30—310 P.M. If you are looking for home repair tips, would like to know how to be involved with the Habitat organization, or just to learn something new...please email Tom Collins for any suggestions that you would like to see Habitat complete with and for you. tcollins@abschools.k12.wi.us

Literature 201—Graphic Reading

Graphic literature is a narrative work where art meets written dialogue. The objective of this course is for you to experience a new literary genre that is becoming an essential component to library shelves.

We will study the graphic novel, *Blankets*, which is a coming-of-age autobiography written by Craig Thompson. With roots in central Wisconsin, Thompson takes readers through his childhood, teenage first love, sibling relationships, and the struggles young people may experience as they careen to their adult years.

Literature 201 begins on March 17th at 6:00P.M. From there, classes will be held every Monday and Wednesday for any person who is age seventeen or older (unless parent attends with their son/daughter). Space is limited to 15 students per course.

The cost to take this course is \$18. If you bring your own *Blankets* book, the cost will be reduced to a total of \$6. <u>Register for this</u> <u>course by March 12th</u>. To do so, fill out course registration slip or call Tom Collins at 715-366-2941 Ext# 310 to sign up. You may also email Tom at **tcollins@abschools.k12.wi.us**



Organization 101

Do you find it difficult to fight procrastination and complete the duties that pile up each day? This one-day class will guide you through the process of organizing your days through time management and weekly planners.

This class will take place from 7:00—8:00P.M. on Tuesday, March 16th. Please register by March 9th to ensure your spot. Space is limited to 10 students. Tuition for this course is \$5. If you bring your own 2010 planner, the tuition cost will be waived.

Register for this course by March 9th. To do so, fill out the course registration slip or call Tom Collins at 715-366-2941 Ext# 310 to sign up. You may also email Tom at **tcollins@abschools.k12.wi.us**

Bollywood Dance/Fitness

Bollywood dance is a style that incorporates modern Indian Folk, jazz, and hip hop elements. To work your body's core muscles, Bollywood has you moving your belly, hips, and legs with the music. Classes are being held on Mondays from 4:00–5:00P.M.

Space is **limited to a total of 10 students** per class. To register for this course, fill out the course registration slip or call Tom Collins at 715-366-2941 Ext# 310. You may also email Tom at**tcollins@abschools.k12.wi.us**

Scrapbook Basics 102

For the month of February, Brenda and Cindy have gone through a variety of ways in which a person can turn pictures into precious memories. The good news is that Scrapbook Basics is expanding to accept <u>you</u> in this program. You will learn about tools, albums, paper/ cardstock, patterns and more. Scrapbook Basics happens on Mondays from 6:30—8:00P.M. Sign up today and create some precious memories. Call Tom Collins at 715-366-2941 Ext# 310 for more details.

Healthy Shopping 101



What is that you are eating? Knowing what to look for on a food label and maneuvering through the grocery store is an important step in healthy shopping. Learn how to read a food label to be able to make wise decisions of what you put into your body. Learn to avoid the marketing pitfalls of the supermarket. Sarah Agena, Registered Dietitian for Adventure 212, will guide you through Royal Grocery in Plainfield and help you make positive decisions for the health of you and your family. Class will take place at Royal Grocery (718 E. North Street, Plainfield, WI) on Wednesday, March 24th from 5:30—6:30P.M. For more info please call Sarah at 715-343-0212. Or you may email Sarah at sagena@adventure212.com



4



The tougher it is to be a kid; the tougher it is to be a parent. Are you equipped for this job? 28 hours will make all the difference. Empowering Parents. Transforming Teens.

· Identify warning signs of destructive behavior ·Prevent or intervene in alcohol or drug use

· Learn how to never argue with your child again · Improve school attendance and performance · Find resources to help your family

11-week sessions will begin in April. The exact date and time are still to be determined. For more information about the program, please visit www.parentproject.com.

If you are in need of classes immediately, there are courses currently in session at 801 W. Hwy HH at Good News Fellowship in Stevens Point. You may also call (920) 372-3300.

——Coming Soon in May—— Christian's Bistro Cooking Class



From the kitchen of Christian's Bistro, to the classrooms of Almond School, comes an exciting opportunity for people ages 16 and up. Chef will take you through the steps and teach you how to use the right ingredients to make a delectable dish your family and friends will rave about.

If you're interested in learning how to cook, this will be your chance. Only ten people may sign up for this class because space is limited. Class will be held on **May 24th**. Time is to be determined. Cost for this class is **\$15 per student**.

After-School Tutoring (for middle and high school students)

Does your middle school student need a time and place to finish up homework? The After-School Tutoring Center offers your son/ daughter a snack, homework help, and also some time to unwind and go through a structured activity. For the past three months the UWSP Sign Language Club has come to the tutoring sessions to teach students and adults some basic signs. We have also had the pleasure of learning how to fence with the UWSP Fencing Squad.

If you are interested in this program, please give Tom Collins a call at 715-366-2941 Ext# 310 for more information. In the months of March, April, and May the tutoring members will take part in Judo, LaCrosse, and movie nights...that is...if all of their assignments are turned in and grades are on the rise. If you are interested in volunteering with middle school math, science, social studies or art, please give Tom a call.

COURSE REGISTRATION SLIP
Course registration options:
 Mail a completed COURSE REGISTRATION SLIP to Almond School at 1336 Elm Street, Almond, WI 54909 (Attention Tom Collins)
 2) Email Tom Collins at tcollins@abschools.k12.wi.us to request an electronic copy of the COURSE REGISTRATION SLIP, complete the information about the course(s) you would like to take, and then either email it back to Tom or snail mail it to the address above
 Fax the completed COURSE REGISTRATION slip (Attention Tom Collins) at 715-366-2940
Please fill out the information below and use one of the three options above to be considered a registered student with the Almond-Bancroft Adult Education Program:
NAME: PHONE NUMBER:
HOME ADDRESS:
EMAIL ADDRESS:
COURSE TITLE #1:
COURSE TITLE #2:

FIT KIDS CHALLENGE Party! Where elementary school children throughout Portage County are invited to be active

On Thursday March 4th (from 5:00-7:00pm) all of the Almond-Bancroft Fit Kids participants are invited to second Fit Kids Challenge Event. The fun is being held at the Boys & Girls Club in Ployer. Parents and kids will be able to dance the night away with a live DJ. If you are interested in this event it's not too late to sign up for the Fit Kids program. Call or email Tom Collins at 715-366-2941 Ext# 310 or tcollins@abschools.k12.wi.us

& GIRLS CLUB

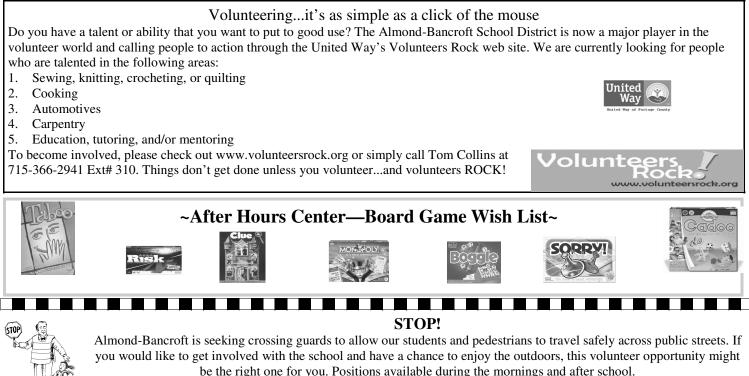
WHO: Any student who's signed up for the Fit Kids program WHAT: Are invited to attend the second Fit Kids party WHEN: Thursday, March 4th from 5:00-7:00pm WHERE: The Boys & Girls Club in Ployer 2401 Cedar Drive Plover, WI 54467

WHY: To celebrate all the effort you put forth in being fit and eating right

Reminder: Don't forget to wear comfy shoes so you can dance the night away



WWW.VOLUNTEERSROCK.ORG www.volunteersrock.org WWW.VOLUNTEERSROCK.ORG www.volunteersrock.org



Please speak to Tom Collins at 715-366-2941 for more details.

Partners In Education News

Listed below you will find the meeting dates for the rest of the school year, as well as a general list of topics that will be addressed.

Tuesday, March 9th at 7:00 p.m.

Board member elections Discussing ideas and planning for Assembly Planning for Senior Tea Planning for Staff Appreciation Day Planning for Eighth Grade Graduation

Tuesday, April 13th at 7:00 p.m.

Finalizing plans for Senior Tea Finalizing plans for Staff Appreciation Day Finalizing plans for Eighth Grade Graduation Planning for Art to Remember fundraiser Planning for Red Cross Babysitting Clinic

Tuesday, June 8th at 7:00 p.m.

Re-cap of previous PIE events Scheduling all future PIE meetings for the 2011-2012 school year Input for improvements or additions

For those who have already volunteered for any of these above listed events, please mark your calendars and plan ahead to attend that meeting. For those who have not responded previously, but are interested in volunteering, please consider attending a meeting. Any and all support is not only greatly appreciated, but fundamental for program improvements. Please contact Trina Warzynski at 366-2941 ext 422 or 366-2773 or Kathy Miner at 366-2854 if attending a meeting is not possible, but you would still like to become involved. Partners In Education values all input!

Thank you to all who have helped to make Partners In Education capable of providing educational and fun experiences for students throughout the years!

Almond-Bar	icroit menus,	March 2010	Brea	kfast Menu
Monday	Tuesday	Wednesday	Thursday	Friday
1 Cereal, Muffin, Juice	2 Scrambled Eggs, Toast, Juice	3 Yogurt, Toast, Juice	4 French Toast Sticks, Juice	5 Cinnamon Roll, Juice
8 Cereal, Muffin, Juice	9 Oatmeal, Toast, Juice	10 Egg Omelet, Toast, Juice	11 Yogurt, Toast, Juice	12 Bagel, Cream Cheese, Juice
15 Cereal, Muffin, Juice	16 Scrambled Eggs, Toast, Juice	17 Pancake Sausage Wrap, Juice	18 Cereal, Muffin, Juice	19 Cinnamon Roll, Juice
22 Cereal, Muffin, Juice	23 French Toast Sticks, Juice	24 Ham & Cheese Breakfast Bar, Juice	25 Yogurt, Toast, Juice	26 Bagel, Cream Cheese, Juice
29 Cereal, Muffin, Juice Morning Milk	30 Oatmeal, Toast, Juice	31 Pancake Sausage Wrap, Juice	Breakfast Prices: Reduced – No Charge 4K(M-W) – 10 days@ 1.00=\$10.00 4K (T-Th) – 9 days @ 1.00=\$9.00 K-12 th grade – 23 days @ 1.00 = \$23.00	
\$11.25 Per	Milk Served With Every	\geq		
Quarter Meal		\sum	Lunch Menu	
Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Nuggets, Tator Barrels, Vegetable, Fruit	2 B.B.Q., French Fries, Vegetable, Fruit	3 Ham Scalloped Potatoes, Vegetable, Fruit, Bread	4 Cheese Burger Mac Hot Dish, Vegetable, Fruit, Bread	5 Corn Dogs, Ravioli Vegetable, Fruit
8 Chicken Fajitas, Vegetable, Fruit	9 Chicken Stir Fry, Rice, Salad Bar, Fruit	10 Pizza, Salad Bar, Fruit	11 Baked Potato Bar, Fruit, Bread	12 Taco's, Corn, Fruit
15 Beefy Nachos, Corn, Fruit	16 Chicken & Gravy, Mashed Potatoes, Vegetable, Fruit Bread	17 Hamburger, French Fries, Vegetable, Fruit	18 Pork Roast, Mashed Potatoes & Gravy, Vegetable, Fruit	19 Hot Dog, Potato Wedges, Vegetable, Fruit
22 Chicken Pattie, French Fries, Vegetable, Fruit	23 Frito Chili, Veggies & Dip, Fruit	24 Beef & Gravy, Mashed Potatoes, Vegetable, Fruit Bread	25 Mostaccioli, Salad Bar, Fruit, Garlic Bread	26 Pizza Burger, Tator Barrels, Vegetable, Fruit
27 Cheese Fries, Salad Bar, Fruit	28 Beef Sandwich, Seasoned Rice, Vegetable, Fruit	29 Salisbury Steak, Noodles, Vegetable, Fruit,	Lunch Prices: Reduced – 23 days @ .40 = \$9.20 Reduced 4K(M-W) – 10 days @ .40= \$4.00 Reduced 4K(T-Th) – 9 days @ .40= \$3.60 4K(M-W) – 10 days @ 1.60= \$16.00 4K(T-Th) – 9 days @ 1.60= \$14.40 K-5 th grade – 23 days @ 1.60 = \$36.80	

GOT TALENT?

The Almond-Bancroft Music Department will host its tenth annual Community Variety Show at 7:30 PM, April 22, in the ABHS Auditorium.

Once again, we are looking for all types of talent: comedians, dancers, singers, instrumentalists, you name it! **"The Friends of Music is also planning to serve a great meal before the show begins, featuring home-made BBQs, potato salad, and baked beans."**

Auditions will be held March 30th and 31st, starting at 3:30 p.m. in the ABHS auditorium.

All auditions must be performance ready, meaning all words, dance steps, etc. are memorized and ready to perform. We ask that acts are kept under five minutes in length. Please contact the High School music office to set up an audition time (366-2941 x.326). If you are interested in being a part of the show or have any questions please contact us. Don't let this opportunity pass you by. Please help make this another successful year for the show.



From The Desk Of Pat Leary, Food Service Director

Dear Parent(s),

National School Breakfast week is March 3rd thru 7th. We would like to introduce some neat new breakfast ideas. As a matter of fact, students who eat breakfast have less discipline problems, better concentration and higher test scores. So lets put Almond-Bancroft on the top of the list with a new beginning of adding BREAKFAST.

If your child(ren) enjoy the new ideas, please contact me at 366-2941 ext. 421 or email me at:

pleary@abschools.k12.wi.us

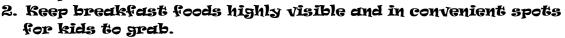
101

Remember, good nutrition is what we want for our children!

Sincerely Yours, Pat Leary

How To Make Sure Your Kids Eat Breakfast

1. Keep breakfast foods on hand.



- 3. Be a role model for your child. Eat breakfast.
- 4. Encourage kids to eat at school, if they don't get a chance to eat at home.

The National School Breakfast Program is:

*Designed to offer children a nutritious morning meal that provides one-fourth of a student's daily needs for key nutrients including calcium.

*A great help to parents who don't have time to prepare a morning meal every day.

*Great for kids who aren't hungry first thing in the morning.

*Some children are eligible to get breakfast for free or a reduced rate. Any other child who wants to eat breakfast at school can by it for a small cost.

Almond-Bancroft School 1336 Elm St Almond, WI 54909 Non-Profit Org. US Postage Paid Almond, WI 54909 Permit #1 "PRSRTD." "ECRWSS"

BOXHOLDER

Boosts Braiñ Power